Chapter 9. Stress relaxation

Stress relaxation is a special property of non-Newtonian fluids

- ▶ not in elastic solids
- not in viscous fluids

Hence

non-Newtonian $\neq \frac{1}{2}$ elastic solid $+\frac{1}{2}$ viscous fluid

Important relaxation time τ of stress/microstructure.

E.G. linear visco-elasticity for Oldroyd-B

Microstructure *A*:

$$\frac{DA}{Dt} - \nabla u^{T} \cdot A - A \cdot \nabla u + \frac{1}{\tau} (A - I) = 0$$

Stress σ :

$$\sigma = -pI + 2\mu_0 E + G(A - I)$$

Weak flow: $\nabla u \ll \frac{1}{\tau}$, so A = I + a with $|a| \ll 1$

$$\frac{Da}{Dt} + \frac{1}{\tau}a = 2E$$

Start up:

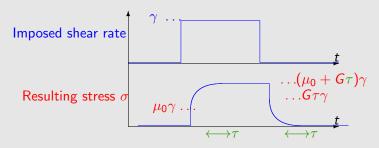
$$a=\dot{\gamma} au\left(1-e^{-t/ au}
ight) \quad \sigma=\mu_0\dot{\gamma}+G\dot{\gamma} au\left(1-e^{-t/ au}
ight)$$

Stopping:

$$a = \dot{\gamma} \tau e^{-t/\tau}$$
 $\sigma = G \dot{\gamma} \tau e^{-t/\tau}$

Linear visco-elasticity - common to all fluid models

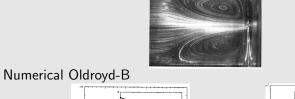
 μ_0 solvent viscosity, G elastic modulus, τ relaxation time.



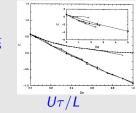
- \triangleright Early viscosity μ_0
- Steady state viscosity $\mu_0 + G\tau$
- ▶ Takes τ to build up to steady state
- steady deformation = shear rate $\gamma \times$ memory time τ

NB steady flows are unsteady Lagrangian.

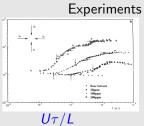
Contraction flow - Lagrangian unsteady









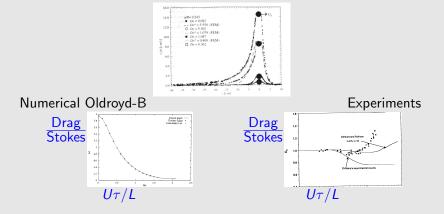


 Δp scaled by Stokes using steady-state viscosity $\mu_0 + G\tau$.

But if flow fast, lower pressure drop from early-time viscosity μ_0 .

Oldroyd-B has no big increase in Δp , and no big upstream vortex

Flow past a sphere - Lagrangian unsteady



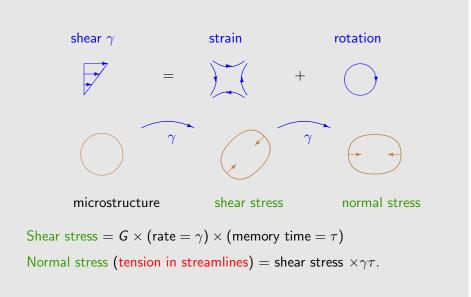
Drag scaled by Stokes using steady-state viscosity $\mu_0 + G\tau$.

But if flow fast lower, lower drag from early-time viscosity μ_0 .

Oldroyd-B has no big increase in drag, and no big wake

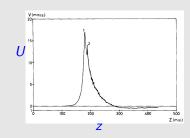
Tension in streamlines

- relaxation + slightly nonlinear effect



...and negative wakes

Experiment



Bisgaard 1983 JNNFM

Unrelaxed elastic stress in wake, cancelled by negative viscous flow.

Tension in streamlines

- ▶ Rod climbing
- ► Secondary circulation
- ► Migration into chains
- ▶ Migration to centre of pipe
- ► Falling rods align with gravity
- ► Stabilisation of jets
- ► Co-extrusion instability
- ► Taylor-Couette instability